

# Annual Review – Southern Grampians Shire Council Community Health and Wellbeing Plan 2021-2025

## Background

Under the Public Health & Wellbeing Act 2008 Section 26 Municipal public health and wellbeing plans Councils must prepare a Municipal Public Health and Wellbeing Plan (CPHWB) that:

- 1 Examines data about health status and health determinants in the municipal district.
- 2 Identifies goals and strategies based on available evidence for creating a local community in which people can achieve maximum health and wellbeing.
- 3 Specifies measures to prevent family violence and respond to the needs of victims in the local community.
- 4 Engage the local community in the development, implementation and evaluation of the public health and wellbeing plan.
- 5 Is consistent with the Council Plan and Municipal Strategic Statement.
- 6 Have regard to the State Public Health Plan.
- 7 Is reviewed annually.

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*Southern Grampians Municipal Public Health and Wellbeing Plan 2021-2025*  
*Background*

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The Southern Grampians CPHWB Plan was developed through a collaborative approach with the community and key stakeholders, recognising that health and wellbeing is a whole-of-community responsibility and that Council must show leadership, provide support and work alongside partners and community members to combine our efforts.

The CPHWB Plan identified two key focus areas across the shire of Healthy Communities and Liveable Communities. These focus areas are supported by 13 key outcomes as follows:

### FOCUS AREA 1: Healthy Communities

1. Southern Grampians residents live in communities that support their mental wellbeing
2. Southern Grampians residents have access to and are eating nutritious food
3. Southern Grampians residents participate in community life, are socially connected and connected to culture
4. Southern Grampians residents are safe and part of a resilient community
5. Harm caused by gambling, alcohol and other drugs is reduced across the municipality
6. Southern Grampians residents have access to and participate in lifelong learning opportunities
7. Southern Grampians residents are physically active at all stages of life

## FOCUS AREA 2: Liveable Communities

1. Southern Grampians residents have access to everyday needs
2. Southern Grampians has a growing economy that promotes diversity of local jobs
3. Southern Grampians has a range of housing that meets community needs
4. Southern Grampians residents have access to technology, buildings and public spaces that are well designed and encourage community connections
5. Southern Grampians residents have access to open spaces, pathways and trails that encourage physical activity
6. Southern Grampians encourages sustainable practices that promote a healthy environment











It is acknowledged that many key players and stakeholders within our community undertake actions as a part of their core service responsibilities or work in partnership to influence the Community's Wellbeing and Health in these areas.


































Partnerships with these stakeholders are integral to the implementation, monitoring, reporting and evaluation of this Plan.

To support the implementation of the CPHWB Plan an Action Plan was developed identifying the actions that were being undertaken throughout the community by various organisations, and Council departments. Analysis of the action plan identifies that while some areas of the outcomes are well supported by agencies within the area, some outcomes such as access to housing are largely outside the capacity of Council to influence to a noticeable level.

### Outcomes

Since the inception of the CPHWP, a number of key indicators for the community public health and wellbeing have updated data, identifying the current trend within our community. A comparison between the latest data sets and comparisons to similar councils is provided in the table below.

Area	What was measured?	What was it last time we measured?	How are we currently performing?	How are we trending?	How do we compare to similar sized Councils?
<b>Early Years</b>	Australian Early Development Index – Proportion of Children Vulnerable on 2 or more domains	14%	10.80%		
<b>Mental Health</b>	Suicide Rate	11.20%	9.90%		
	People with low/medium life satisfaction	28%	12.60%		
<b>Risk Factors</b>	People who are obese	22%	29.70%		
	Daily smokers	9.10%	10.10%		

	Smoking during pregnancy	15%	14.60%		
	Gambling Spending per person per year	\$431	\$242.61		
<b>Affordability</b>	People who said that they ran out of food and couldn't afford to buy more food in the last 12 months	18%	4.80%		
<b>Education</b>	People over 15 years who have completed year 12 or equivalent	36%	40.81%		
	People aged 20-24 years who have completed Year 12 or equivalent	57%	62.78%		
<b>Employment</b>	Labour force participation rates for people over 65 Years of Age	8.30%	11.01%		
	Unemployment Rate	3.20%	3.70%		
	Youth Unemployment Rate	6.50%	4.60%		
<b>Access</b>	Households with no vehicle	4.40%	4.98%		
<b>Crime and Violence</b>	Crimes reported in a public place rate per 10,000	140.5	136.23		
	Family violence incidents recorded rate per 100,000	1738	1459.6		
<b>Community Connection</b>	People aged 15 years and over who have volunteered	34%	25.26%		
	People who believe multiculturalism makes a better place	36%	54.60%		
<b>Environment</b>	Household waste diverted from landfill	44%	41.25%		
	Recyclables collected per household	227kg	198kg		
	Solar Installations	9.20%	20.54%		
	Active transport to work	3.20%	6.64%		

[1] Populous, Southern Grampians Community Data

These indicators identify that generally we are comparable to other large rural Council's within the health and wellbeing space. It is identified that physical health factors in the form of obesity and smoking have risen, along with general unemployment, and these outcomes have been noticed throughout the state. Further work can be provided through the remaining time of the current CPHWP to continue to work at addressing these elements.

Local improvements around family violence, general crime, education and mental health show the improvements that are currently being realised, although the results are comparable to large rural shires identifying that these improvements can continue.

The existing action plan will continue to develop and inform the progression of the CPHWP with a view to identifying possible updates with the next review.

The action plan is provided as an attachment to this report.